Dimitri Pournaras graduated from the Aristotle University of Thessaloniki, Greece and undertook all his postgraduate training in the UK. He was awarded a Royal College of Surgeons of England Research Fellowship to conduct research on obesity, diabetes and metabolic surgery.

He completed his PhD in the Department of Investigative Medicine, Hammersmith Hospital, Imperial College London investigating the mechanism of action of bariatric surgery and the role of the gut on appetite and glucose homeostasis. He then trained in oesophagogastric surgery in Cambridge and Norwich. Following a Bariatric and Metabolic Surgery Fellowship approved by the Royal College of Surgeons of England in Musgrove Park Hospital, Taunton, he was appointed as a Consultant Upper Gastrointestinal and Bariatric Surgeon in North Bristol NHS Trust where he currently works as part of the multidisciplinary team treating obesity as a disease.

Dimitri is the inaugural British Obesity and Metabolic Surgery Society/Royal College of Surgeons of England bariatric Surgical Specialty Lead and is committed to high quality, collaborative, patient centred research with the objective to improve obesity care.